



# PARTICIPANT CHECKLIST

**Please have all participants bring the following personal items.**

- |                                                                                            |                                               |
|--------------------------------------------------------------------------------------------|-----------------------------------------------|
| pen or pencil                                                                              | plastic bags for soiled clothing              |
| small journal                                                                              | rain gear                                     |
| air mattress                                                                               | camera                                        |
| (may not be necessary at some locations)                                                   | snacks                                        |
| sleeping bag                                                                               | Kleenex                                       |
| pillow                                                                                     | work gloves                                   |
| work clothing                                                                              | sunglasses                                    |
| t-shirts                                                                                   | chap stick                                    |
| shorts                                                                                     | insect repellent                              |
| closed-toed shoes or work boots                                                            | suntan lotion/sunscreen                       |
| socks & underwear                                                                          | personal family health insurance card         |
| personal toilet items                                                                      | photo id and passport                         |
| (soap, shampoo, toothbrush, deodorant, etc. – please no hair dryers or hair straighteners) | (passport only necessary for Nassau, Bahamas) |
| water bottle                                                                               | tools from Participant Equipment List below   |

**Please have all participants bring the following tools. Be sure the equipment is clearly labeled with your name. You will take the equipment home with you.**

- Hammer
- Safety Goggles
- Tape Measure
- Nail Apron
- Square

**Based the specific projects your group will be working on, Next Step Ministries will provide you with an additional detailed tool list.**